We are happy to announce an upcoming Clear Day!

Saturday November 3rd 2018

For those of you who have attended you know the benefits, for those of you who have not attended one or don’t even know what this is, this is your opportunity!

What is this Clear Day?

This Day is an all day event that promotes connection and healing.  It takes your healing care with Network Spinal Analysis to a new level.  It is an intensive day that will focus on increasing your awareness with your body, your connection and most importantly increase your level of strategies which will ultimately enhance your healing.  Many have reported dramatic changes in physical, mental, and emotional health after attending one of our Clear Days.  Usually, as soon as it is done, I am asked when am I doing the next one.

What does it include?

The day includes 3 entrainments/adjustments (imagine the benefit, as one entrainment builds on the other without the interruption of the stress of life), 2 workshops and lunch.

What are the workshops?

On this Clear Day we are excited to be presenting Gary Diggins as a part of your experience.  Gary has been a part of this day numerous times and is always loved by all; we are thrilled to have him back.  Gary is a gifted musician who has made the transition to healing sound work.  He incorporates the vibration of music/sound and the rhythms of the body to create a unique individual experience that cannot be described.  This sound work compliments your strategies attained through Network Spinal Analysis (NSA) and has allowed many to have new and exciting healing experiences.  He is so busy traveling with his sound healing it is an honor that he is able to participate in our Day.

Dr.  Lynne will be providing the entrainments and Jennifer Mansell will  be leading the group through movement with Gabrielle Roth's 5 Rhythms.   Gabrielle Roth's 5Rhythms is a dynamic movement practice, a practice of being in your body.  It will ignite your creativity, your connections and your community.   This seemingly simple process facilitates deep and unending explorations

Benefits of a Clear Day

This experience of sound vibration, movement, accompanied with 3 NSA entrainments will promote growth, healing, and awareness.  This promises to be a truly unique experience.

When the brain/mind/body is able to experience itself in new ways, a new way of being begins, and thus a new life.  This is what a Clear Day is about.

Why come to a Clear Day?

You will be in community with others and this will promote your own process.  This does not mean this is a social outgoing event.  This is internal healing, as are your regular entrainments, but enhanced.  The gift of you, with a group, experiencing this high voltage change of messaging is a new experience and life changing.  Your body will experience itself differently and you will develop more enhanced strategies within your nervous system to deal with your tensions in new ways.  There is more benefit to this than 3 isolated entrainments, as each entrainment will build on the last.  The clear day is designed to enhance your regular care and project you to new progress that you may not otherwise see.  It is always an amazing day.  I am always amazed at the process and it is a delight to be a part of your healing and the possibilities brought forth with NSA.

What is the cost?

The cost for the day is $275.00   This includes a lunch that is provided.  We will let you know the options from the menu and you will order ahead of time.  There is the **EARLY BIRD SPECIAL**  if you sign up before September 21st the price is $245.00.

Clear Day Essentials

Wear comfortable clothing that allows you to move freely (it is preferable to not wear jeans).  We recommend you bring a Yoga mat and pillow and blanket. Also you may want to bring a water bottle along however there will be filtered water provided.

Please avoid the use of perfumes or scented products.

If you are interested in attending please contact Christine as soon as possible, spaces are limited and we do sell out.

Clear Day Details

When:    9:00 am to 5:00 pm

Where:    A Place For Health

                217 B Danforth Ave

To register, fill out the registration below and give (or send) it to Christine with a $100.00 nonrefundable deposit.

Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I understand that the Clear Day is an educational day. It is not meant to diagnose or treat any conditions. As such, no insurance receipts may be issued.

Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

If you are interested in attending please contact Christine as soon as possible, spaces are limited and we do sell out.

I look forward to seeing you there,

Dr. Lynne McRoberts

Phone:  416-778-1381

yours in health,

Christine

"Change your spine, change your life."

A Place for Health

217-B Danforth Ave.,

Toronto, ON M4K 1N2

416 778 1381  
Mon 10:30-12  3-6  Tuesday 10:30-12  Wednesday 10:30-12  4-6    
Thursday 10:30-12  3-6  Friday  closed    
\*Please note New Patient times start at 10am all mornings and 3:30 pm on Wednesdays.